



ICE Dubai

Week- 6

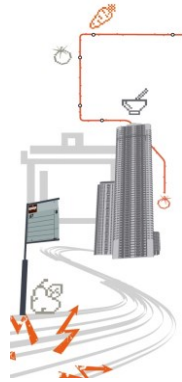


Monday 29th May to Thursday 1st Jun

Menu based on three component (Starter + Main Course + Dessert)

Ecole Bilingue Francaise Internationale  
Dubai Bilingual French International School

	MONDAY	Cal.	TUESDAY	Cal.	WEDNESDAY	Cal.	THURSDAY	Cal.
STARTER	Tomato Vinaigrette	110	Tomato & Feta Cheese	110	Caesar Salad	172	Fresh Garden salad	96
MAIN DISH & SIDE DISH	Beef Lasagna	301	Roasted sliced Turkey Breast (turkey, stock)	200	roasted Fish Fille  Basil Sauce	211	Beef Stew (Vegetable Brown sauce)	185
	Vegetable Saloona	200	sauteed green Beans Olive Oil & Lemon and Saffran Rice	79 150	Okra Saloona and steamed Potato & Parsley	60 196	steamed Vegeable and White Rice	200 203
DESSERT	Cut Fruit or Assorted Yogurt	162 152	Cream Caramel or Assorted Yogurt	165 152	Mango Puree or Plan Cake	135 152	Fruit Salad or Assorted Yogurt	135 152



Food Balance



Gluten  
 Milk

Egg  
 Mustard

Allergen

Fish  
 Sulphites

NUTRI-SCORE	
cooked fruit & Vegetable	
raw fruit & Vegetable	
Carbohydrate	
Dairy	
Protein	
sweety Items	
Fat	

Enjoy your Meal !

