ICE Dubai

WEEK 1

INTERNATIONAL CONCEPT FOR EDUCATION

Menu based on three component (Starter + cold Main Course + Dessert)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Farandole Salad 75	Cheese & Tomato 75	Marco Polo Salad 75	Taboule 75	Celery & Carot 75
COLD MAIN COURSE	Chicken cold sauteed Potato & Chive 400	Fish Rice Vegetable garnish & Carot 507	Split Peas Balls fresh Herbs & Tomato Sauce Bulgur 275	Mini Club Sandwich thin Beef slices Farfalle Pasta & Basil 280	grilled Salmon "Pave" mashed Potato & Chive 370
DESSERT	whole Fruit 75	Semoulina & Fruit cubes 75	cut Fruit 75	Mango Panacotta 75	mashed Fruit "Compote" 75
Kcalories	550	522	425	430	

Meal served in Paper Craft Bag in Classroom

Salt & Pepper portion on Demand

Enjoy your Meal !

Ansamble
Catering & Services Middle East

ICE Dubai

INTERNATIONAL CONCEPT FOR EDUCATION

WEEK 2

Saveurs Chinoises

Menu based on three component (Starter + cold Main Course + Dessert)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Green Beans Salad 75	Chinese Cabbage & Tomato	Fatoush Salad 75	Cucumber Tzatiki 75	Vegetable Quiche Tartlet 75
COLD MAIN COURSE	Zucchini & Carot Tagliatelle Tuna & Basil 360	Chicken Chinese Noodles Vegetable, Bamboo shoot & Chinese Mushroom 330	crished Potato Zuchini Mousse steam fish cubes 340	Coquillette Pasta Salad Vegetable pulled Beef 375	Roll of Chicken steamed Carot & Potato 390
DESSERT	mashed Fruit "Compote" 75	Pineapple slice 75	cut Fruit 75	Pear Charlotte Cake 75	whole Fruit 75
Kcalories	510	480	490	525	540

Meal served in Paper Craft Bag in Classroom

Salt & Pepper portion on Demand

Enjoy your Meal !

ALLERGENES

Ansamble
Catering & Services Middle East

ICE Dubai

WEEK 3

INTERNATIONAL CONCEPT FOR EDUCATION

Menu based on three component (Starter + cold Main Course + Dessert)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Quinoa & Tuna salad 75	Caprese Salad 75	Beetroot & Apple 75	raw vegetable Salad 75	Tomato & Basil 75
COLD MAIN COURSE	Zucchini & Carot Tagliatelle Tomato & Potato 390	Farfalle Pasta Salad pulled Beef Tomato cubes & Basil 370	pulled Lamb Tomato, Cucumber & Couscous Semolina 360	Roll of Chicken Potato Cubes & Chery Tomato 330	grilled Fish Fillet Rice Vegetable Provencal Vinaigrette 385
DESSERT	mashed Banana 75	Rice Pudding 75	cut Fruit 75	whole Fruit 75	mashed Fruit "Compote" 75
Kcalories	540	520	510	480	535

Meal served in Paper Craft Bag in Classroom

Salt & Pepper portion on Demand

Enjoy your Meal !

ALLERGENES

LAIT

Ansamble Catering & Services Middle East

ICE Dubai

WEEK 4

A l'Abordage

INTERNATIONAL CONCEPT FOR EDUCATION

Menu based on three component (Starter + cold Main Course + Dessert)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Celery Salad 75	Boucanier Salad 75	Lettuce & Cheese 75	multi-color Pasta Salad 75	raw Vegetable salade 75
COLD MAIN COURSE	cold steamed Fish Tomato & Eggplant Potato 360	Rice, Tuna Plantain Veg banana Cubes 390	Coquillette Pasta Salad pulled Chciken sweet Herbes & Vegetable 400	crushed Potato minced Beef Balls Provencal Veg Duxelle 365	Lentil Italian Salad Chciken Cubes & steamed Carot 345
DESSERT	mashed Fruit "Compote" 75	"Bounty" Treasure 75	cut Fruit 75	Flan Patissier 75	whole Fruit 75
Kcalories	510	540	550	515	495

Meal served in Paper Craft Bag in Classroom

Salt & Pepper portion on Demand

Enjoy your Meal !

ALLERGENES

Ansamble
Catering & Services Middle East