



# HEALTH POLICY

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Revision date : September 2019  
Approved by : Principal  
Approved on : September 2019  
Distribution List : All Staff - Parents

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## **I. Introduction**

For students' safety and as per the Dubai Health Authority's requirement, ICE has a clinic with full time nurse as well as a part time doctor within its premises. With the school doctor, she organizes an annual medical examination of all new students.

For the respect of all, parents are asked to ensure basic hygiene rules.

At the time of registration, parents must fill in the form of medical information and provide a photocopy of vaccinations their child in a sealed envelope. In case of medical concerns, parents are invited to meet the nurse and the doctor to establish an individual care plan (IAP).

## **II. Medications**

Children should not bring any medicine with them to school. School nurse can administer medicine only in emergency case and only if she is well trained and aware of the proper medication, instructions, dosage to the concerned student. Parents will administer medication to their child outside of the school. Sick children will be sent home without exception. In case of an emergency and to be able to contact the Parents at all times, the teacher and the school administration shall be informed promptly of all changes of addresses or telephone numbers in order to update the contact details.

## **III. Accidents**

In case of an accident, the school nurse will administer first aid to the student with the coordination of the school doctor if required and the parent or legal guardian will be contacted as per the Emergency Protocol. Parents are required to pick up their child immediately. If the Parents or legal guardian are unable to pick up the student immediately, the teachers may call the Fire Department. In case of an emergency, the ambulance will be called to administer First Aid/CPR when necessary and transport the student to the nearest hospital for treatment. ICE will immediately contact the Parents who will either meet the child at school (time permitting) or directly at the hospital.

## **IV. Contagious illnesses**

The most common illnesses that require close monitoring are: chicken pox, rubella, measles, mumps, conjunctivitis, tuberculosis. It is imperative that parents immediately notify the administration. ICE will, with everyone's best interest in mind, send the child home in order to avoid any spreading of contagious illnesses. ICE reserves the right to evaluate the gravity of all cases involving children who are coughing, feverish and showing symptoms of a cold or conjunctivitis and may request that a student be kept home until all symptoms have disappeared, and no student will be admitted into class without a doctor's note.

If the Parent or legal guardian are unable to pick up the student immediately, the teachers may call the ambulance.

### **A. Head lice**

If head lice are suspected, the student's hair will be inspected. Should it be confirmed that a student does have head lice the teacher will automatically call the Parents or legal guardian and request that the student be picked up immediately from school, treated and kept home until treatment has been completed and head lice is cured.

Non contagious illnesses

A student complaining of headache or other illnesses will be sent to the clinic where the nurse, under the school doctor's instructions, can either administer a light medicine or call the Parents or legal guardian. Upon receiving such a call from ICE, parents are required to pick up their child immediately.

#### B. Biting

In case of biting, parents of both the child inflicting the biting and the child bitten will be contacted and the bitten child shall be checked by the school nurse.

### **V. Exemption from physical education (PE)**

ICE believes that PE is essential to a student's development and is an integral part of the academic program at ICE. As such, any request for exemption from PE must be accompanied by a medical certificate.